

Dr. James Duke worked for 35 years for the United States Department of Agriculture. He is a renowned ethnobotanist and has made his studies available to medical professionals and lay people. Over 100 amazing properties of the mangosteen fruit are cataloged in the database. Here are a few ... *

- 
1. Prevents hardening of the arteries (Atherosclerosis)
 2. Protects the heart muscle (Cardio)
 3. Anti-Parkinson, Anti-Alzheimer and other forms of dementia
 4. Anti-depressant—Gives sense of well being. It is the same botanical category as St. John's Wort and helps fight anxiety
 5. Prevents and arrests fungus (Anti-fungal)
 6. Prevents Bacterial infections (Anti-bacterial)
 7. Viral fighter and prevention of infections (Antiviral)
 8. Prevents gum disease
 9. Anti-diarrheal
 10. Lowers fevers (Antipyretic)
 11. Supports the eyes – prevents glaucoma and cataracts
 12. Synergistically supports the whole body
 13. Energy Booster
 14. Anti-aging
 15. Weight Loss
 16. Lowers blood fat
 17. Anti-tumor
 18. Fights Cancer with powerful antioxidant properties
 19. Lowers blood pressure
 20. Stimulates the immune system
 21. Lowers blood sugar
 22. Tastes good

*Disclaimer: No medical advice is given or implied. All health analysis and advice should be gotten from competent licensed medical professionals. Your results may vary.